13th Congress of the European Society of Contraception and Reproductive Health

CHALLENGES IN SEXUAL AND REPRODUCTIVE HEALTH
28 - 31 MAY 2014
Dates to remember

15 February 2014  First deadline for early registration fee
15 April 2014    Second deadline for early registration fee
28 May 2014      Opening Ceremony and Welcome Reception
Dear colleagues

It is with great pleasure that we announce that the 13th Congress of the European Society of Contraception and Reproductive Health will take place in Lisbon from 28 to 31 May 2014.

The main objective of Reproductive Health is that the population has a safe and satisfactory sexual life as well as the capacity to decide when and how often to have children. Despite the enormous progress in the access to safe contraception, it is estimated that more than 120 million women throughout the world wish to avoid pregnancy but do not practice effective contraception. There are many reasons for this: the healthcare services do not provide adequate support, information and methods of contraception are still not available in many places or options are limited.

Portugal was one of the last countries in Europe to legalise abortion and since then the mortality and morbidity regarding abortion is decreasing. We are an example of how a society can change.

At the Lisbon 13th ESC Congress whose theme is “Challenges in Sexual and Reproductive Health”, we propose to present and discuss the latest scientific information and knowledge regarding contraception as well as to promote the right of each individual’s access to adequate health services and to be informed of methods of family planning.

Lisbon is a city that combines the charms of old times with modern state-of-the-art facilities. Here, you can enjoy visits to historical monuments, exciting cultural events, superb traditional cuisine amidst all the comforts of a modern city.

The proverbial warm and spontaneous hospitality of the city’s inhabitants together with its gentle climate will combine to offer you a very warm reception to what promises to be a highly productive and very enjoyable and successful meeting.

Save the date of this event and come to Lisbon.

Best wishes,

Teresa Bombas, Congress President  
Johannes Bitzer, ESC President
Contact & organisation

Congress Secretariat
ESC Central Office
Orga-Med Congress office | Opalfeneweg 3 | 1740 Ternat | Belgium
Tel: +32 2 582 08 52 | Fax: +32 2 582 55 15 | Email: congress@escrh.eu
www.escrh.eu/events/esc-events/2014

Local PCO (local arrangements)
Mundiconvenius
Avenida 5 de Outubro, 53-2 | 1050-048 Lisbon | Portugal
Tel: +351213155135 | Fax: + 351213558002 | Email: esc2014@mundiconvenius.pt
www.mundiconvenius.pt

Congress Venue
Lisboa Congress Centre
Praça das Indústrias | 1300-307 Lisboa | Portugal
Tel: +351 213601400 | Email: lisboacc@aip.pt
www.lisboacc.pt

Scientific Committee
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Hosting Society:
Sociedade Portuguesa da Contracepção (SPDC)

Under the auspices of:
Federação das Sociedades Portuguesas de Obstetrícia e Ginecologia (FSPOG)
Practical information

Opening hours of the registration desk
- Pre-congress workshop 1: Wednesday, May 28: 09:00 - 09:30
- Wednesday, May 28: 12:00 - 18:00
- Thursday, May 29: 08:00 - 18:00
- Friday, May 30: 08:30 - 16:00
- Saturday, May 31: 08:30 - 12:00

CME Credits
The request for European accreditation will be submitted to the UEMS/EAC-CME. The number of the granted European CME Credits will be announced in due course.

Letter of invitation
The congress organisation will be pleased to send a formal letter of invitation to delegates requesting one for visa purposes. You can apply for an invitation letter online during the registration process on the congress website. The letter will be sent as e-mail attachment.

Lunches
Lunch will be provided on Thursday (29 May) and Friday (30 May).

Currency & credit cards
The currency in Portugal is the Euro. All conference fees and rates are charged in Euro only.

Insurance, liability
ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.

Electricity
European type 2 pin sockets with 220 volts AC at 50 cycles are used.

Conference language
The conference language is English.

Tipping
Tipping is optional, but normally 10% is customary in taxis, restaurants and bars.
Climate
The day-time temperature in May ranges between 15 and 25 °C. Nights can be chilly and occasional drizzle can be expected.

Local time
Mainland Portugal is 1 hour behind European Standard Time [GMT] and the same time as the UK.

Travel

Travel to Lisbon
Lisbon International Airport, 7 km from the city centre, has daily flights to and from the major cities in Europe and the world. Connections with the city centre include: the underground / metro (red line) and the aerobus departing every 20 minutes (between 7:00 and 21:00) and then every half hour until 23:00. Taxis are not expensive and take approximately 20 minutes from the airport.

Journey to Lisbon by road
Arriving in Lisbon by road is a pleasant experience, as the visitor can enjoy the beautiful countryside along the way.

Travel to Lisbon by rail
A lot of national and international trains arrive in Lisbon every day. In addition to Santa Apolónia terminal station, you will find the Gare do Oriente, which opened in 1998 adjacent to the Parque das Nações. Both stations have direct bus or underground connections to the city centre.

How to get from the city centre to the convention centre
Lisbon has a very efficient public transport network which covers the entire city in addition to the surrounding areas.

The Centro de Congressos de Lisboa is located in an area easily accessible by bus (lines 756, 727 – bus stop: Rua da Junqueira/Centro de Congressos, and line 728 – bus stop: Hospital Egas Moniz/ Av. Da Índia) or tram (line 15E - stop: Rua da Junqueira /Centro de Congressos).
About Lisbon

Lisbon is known as the white city, thanks to its unique light. The clear light and the pleasant and mild climate allow for marvellous walks all over the city. The city has a beauty that extends beyond its famed monuments that can be experienced in the streets, embraced by all the senses.

PASSION FOR THE STREETS

The Bairro Alto is one of the most characterful and attractive neighbourhoods in the city. The Bairro Alto boasts boutiques and bars and is a place where people meet in an eclectic and multicultural atmosphere. Traditional restaurants nestle alongside cosy bookshops; tea rooms serving signature cakes vie for attention with funky design shops and the boutiques of the most respected Portuguese fashion designers.

The Carmo area has some of the most fascinating historical sites in the city, such as the Convent and Church of Carmo, which maintain their elegance and grandeur. Don’t miss the Museu Arqueológico do Carmo, which houses a collection of artefacts from pre-historic, Roman, Medieval, Manueline, Renaissance and Baroque periods. Largo do Carmo was the site of important events in the 1974 Revolution. Carmo is connected to the Baixa by the Elevador de Santa Justa, another of Lisbon’s icons. The Elevador, designed by a disciple of Gustave Eiffel, is open to the public and boasts impressive views over the Baixa Pombalina and the rest of Lisbon.

The Baixa (center) is the city’s traditional shopping district where visitors can stroll around the streets and find dozens of shops offering a wide range of temptations. Rua Augusta is the main artery of the Baixa Pombalina leading north from Terreiro do Paço (known as Black Horse Square by the English), to the beautiful Praça do Rossio (Praça Dom Pedro V). Just north of Rossio, discover Avenida da Liberdade, which in the 19th century, was the favourite promenade for the Lisbon élite. Today, the Avenida is home to exclusive international boutiques to tempt and inspire.

Up the hill, after passing the viewpoints of Santa Luzia and Portas do Sol, there is the Castelo de São Jorge, where the history of the city began. This is one of the most visited monuments in the city, not only for its historical and cultural importance, but also for its magnificent views over Lisbon.
THE CALL OF THE SEA

Strolling down to Santa Apolónia to explore the riverside neighbourhood. Next along the riverside is the neighbourhood with the largest number of heritage sites connected with the Portuguese voyages of discovery: Belém. It was from the beach in Belém that Vasco da Gama set sail to discover the sea route to India and the grandiosity of the former empire can be sensed throughout the area.

One of the most imposing symbols of the city is here - the Mosteiro dos Jerónimos. The monastery church, the Igreja de Santa Maria de Belém, is a magnificent church. The tombs of Vasco da Gama and the epic poet Luís de Camões can be found in the church.

Also in Belém, on the river bank, is another marvellous Manuelliine monument, the Torre de Belém. Much more recent, but still invoking the grandeur of the Age of Discovery, is the Padrão dos Descobrimentos in Belém.

The Parque das Nações – the riverside venue for Expo98 - is ideal for all ages. Located in the eastern part of Lisbon, this extensive cultural, entertainment, residential and corporate complex is a focus of the city’s cultural life.

The Lisbon Docas – west of the city centre -, particularly Alcântara, are a favourite meeting place for the people of Lisbon. Families, friends and people of all ages enjoy the river views and the wide variety of places to walk and spend time with friends. Café terraces, bars and restaurants bustle with the hubbub of people enjoying themselves.
Social programme

Wednesday, 28 May 2014 - 18:00 - 20:30
Opening Ceremony and Welcome Reception
All participants are warmly invited to join us for the Opening Ceremony. It will be an entertaining and eventful introduction to the congress. After the Opening Ceremony, we invite our delegates to attend the Welcome Reception. Attendance at the Opening Ceremony and Welcome Reception are complimentary for registered participants.

Friday, 30 May 2014 - Congress Dinner
The 13th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues at Restaurant Kais. Restaurant Kais is housed in a late XIX century old warehouse, by the riverside, which was used to generate energy for Portuguese trams that still work in our days. Dress code: business casual

Included in the fee for the Congress Dinner:
- Transport from and to the Lisboa Congress Centre
- Pre-dinner drink, wine, water and coffee during dinner
- Starter, main dish, dessert
- Two tickets for drinks at the dancing area
- Dancing area open to the general public at 23:00

Saturday, 31 May 2014 - Closing and Award Ceremony
The Closing and Award Ceremony will be held after the last session of the congress. During this Ceremony, presentations will be made to the winners of the Awards. At the end of the Ceremony we will say goodbye to Portugal and welcome the country hosting the next congress: Switzerland.
Scientific Programme

The Scientific Committee is putting together a high standard, well balanced scientific programme, offering current topics and excellent speakers.

The theme of the congress is: “Challenges in Sexual and Reproductive Health”.

• Keynote lectures and keynote sessions are plenary sessions. Leading experts will present specific subjects.
• Congress sessions: in each of these sessions, experts will provide up to date information on a particular topic.
• Symposia will be the platform for the pharmaceutical companies.
• Workshops are meant as interactive sessions, introduced by experts in the field and followed by a discussion with the audience.
• Debate: is meant as an interactive session, introduced by two experts in the field (pro/con) and followed by an in depth discussion with the audience.
• Free communication sessions: a selection of the submitted free communications will be scheduled into separate free communication sessions.
• Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.
• A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at Fellows and Ph.D. students, but the only inclusion criterion is the age, <35 years.
• Joint Society sessions will discuss a specific item within their area of interest.
Pre-congress workshops

Workshop 1: Let’s talk about sex

Date & location: 28 May 2014, from 09:00 till 17:00, Lisboa Congress Centre, Lisbon, Portugal

Registration: If you are interested in attending the pre-congress workshop, please indicate this on the congress registration form or send an e-mail to: nancy.habils@escrh.eu. We will then send you an application form.

Registration fee: 50 Euro

Aim: This is a workshop for professionals involved or interested in sexual medicine and sexuality education (SE). We would like to know more about the background of the participants, we therefore ask you to complete an application form where you should add your motive to register for this workshop. We will adapt the program as much as possible. We will provide a certificate of attendance to the participants. This workshop is limited to 40 participants maximum. This interactive workshop is developed and will be delivered by the Expert Group on Sexual Medicine and Sex Education. Workshop co-ordinator: O. Loeber (the Netherlands).

Communication about sexuality in a medical setting: pitfalls and recommendations: This interactive workshop allows participants to explore common pitfalls when addressing sexuality with their patients in a medical setting. After a short theoretical introduction on communication and counselling in the field of sexuality, members of the expert group will show different problems that can arise in dealing with and communicating about sexuality. We will also touch on what forms of therapy may be used to help patients with sexual problems. Participants are invited to contribute their experiences and skills in this area to help patients tell their stories and get the level of care they need. Using this and other examples from the participants’ daily practice we will formulate take-home messages and good practice points.

Scientific programme: www.escrh.eu/precongresssex
Workshop 2: Joint Session ESC - SPG - SEGO - ISPOG
Psychosomatic Gynecology and Contraception

Organised by:
- The European Society of Contraception and Reproductive Health (ESC)
- Portuguese Society of Gynecology (SPG): Interest Group POG
- Spanish Society of Gynecology and Obstetrics (SEGO):
  Psychosomatic section
- International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG)

Date & location: 28 May 2014, from 14:00 till 16:00, Lisboa Congress Centre, Lisbon, Portugal

Registration: If you are interested in attending the pre-congress workshop, please indicate this on the congress registration form or send an e-mail to: nancy.habils@escrh.eu.

Registration fee: free

Scientific programme
http://www.escrh.eu/events/esc-events/2014/precongressworkshops
**Wednesday 28 May 2014**

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<td>Opening Ceremony</td>
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<td>Opening Reception</td>
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**Thursday 29 May 2014**

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<th>Time</th>
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<tr>
<td>08:30 - 09:00</td>
<td>Keynote lecture</td>
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<td>Aletta Jacobs</td>
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<td>09:00 - 10:00</td>
<td>Keynote session</td>
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<td>ESC, 25 years on Reproductive Health differences</td>
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<td>Reproductive health care in vulnerable groups</td>
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<td>12:00 - 13:45</td>
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<td>Sponsored symposium Bayer</td>
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<td>Contraceptive practice</td>
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<td>15:15 - 15:45</td>
<td>Break and poster viewing</td>
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<td>15:45 - 17:15</td>
<td>Sponsored Symposium Bayer</td>
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<td>17:15 - 18:15</td>
<td>ESC Gen. Assembly (members only)</td>
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<td>08:30 - 09:00</td>
<td>Congress session 2</td>
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<td>Green Contraception</td>
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<td>09:00 - 10:00</td>
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<td>Facts and myths on contraception</td>
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<td>Congress session 3</td>
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<td>Steroids-pharmacology</td>
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<td>13:45 - 15:15</td>
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<td>Hands-on: IUD and implants</td>
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<td>Talking about sexuality in your office</td>
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<td>17:15 - 18:15</td>
<td>Free Communications</td>
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<td>Long term follow-up of Etonogestrel and Levonorgestrel contraceptive implants</td>
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<td><strong>Keynote lecture</strong>&lt;br&gt;Demography of the unmet need for contraception?</td>
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<td>09:00 - 10:00</td>
<td><strong>Keynote session</strong>&lt;br&gt;Sexual rights, looking at Europe and beyond</td>
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<td><strong>Break and poster viewing</strong></td>
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<td>10:30 - 12:00</td>
<td><strong>Congress session 9</strong>&lt;br&gt;Abortion</td>
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<td><strong>Congress session 10</strong>&lt;br&gt;LARC</td>
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<td><strong>Joint Society Session 5</strong>&lt;br&gt;Obstetrics and contraception</td>
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<td>12:00 - 13:45</td>
<td><strong>Lunch</strong></td>
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<td>12:15 - 13:45</td>
<td><strong>Sponsored symposium</strong>&lt;br&gt;Workshop 5&lt;br&gt;How to deal with adverse effects of hormonal contraception</td>
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<td>13:45 - 15:15</td>
<td><strong>Sponsored Symposium</strong>&lt;br&gt;Congress session 12&lt;br&gt;Adolescents with special needs</td>
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<td>15:15 - 15:45</td>
<td><strong>Break and poster viewing</strong></td>
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<td><strong>Congress session 15</strong>&lt;br&gt;Sexual assault - Standards of care</td>
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<td><strong>Congress session 16</strong>&lt;br&gt;Conscientious objection in abortion care: permissible or unacceptable?</td>
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<td>17:15 - 18:15</td>
<td><strong>Congress Session 19</strong>&lt;br&gt;Medical conditions</td>
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<td><strong>Congress Session 20</strong>&lt;br&gt;Permanent contraception</td>
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<td><strong>Debate</strong>&lt;br&gt;Pharma and education Industry-sponsored research: how to eliminate bias?</td>
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<td><strong>Non medics information sharing session</strong></td>
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<td><strong>Best Poster Session</strong></td>
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Saturday 31 May 2014

08:30 - 09:00  Keynote lecture
               Thrombosis

09:00 - 10:00  Keynote session
               Epidemiology: results and clinical practice

10:00 - 10:30 Break and poster viewing

10:30 - 12:00 Congress session 21
               Benefits of contraception & future of contraception (including male)

12:00 - 13:00 Closing session
Scientific Programme

Wednesday, 28 May 2014

18:00 - 19:30  Opening Ceremony
19:30  Opening Reception

Thursday, 29 May 2014

08:30 - 09:00  KL01 - Keynote Lecture 1
Auditorium I  Chairs: J.-J. Amy (Belgium) - D. Lazaris (Greece) - T. Bombas (Portugal)
Aletta Jacobs
Saskia Wieringa (the Netherlands)

09:00 - 10:00  KS01 - ESC, 25 years on Reproductive Health differences
Auditorium I  Chairs: J. Bitzer (Switzerland) - I. Blidaru (Romania) - D. Rebelo (Portugal)
09:00 - 09:30  KS01.1 - ESC 25 years
David Serfaty (France)
09:30 - 10:00  KS01.2 - Reproductive health differences in Europe
Bojana Pinter (Slovenia)

10:00 - 10:30  Break & Poster Viewing

10:30 - 12:00  Parallel sessions
Auditorium I  S01 - Reproductive health care in vulnerable groups
Chairs: A. Pacheco (Portugal) - D. Seidman (Israel) - M. Angeles Gomez (Spain)
10:30 - 10:50  S01.1 - Contraception in patients with psychiatric disorders
Sybil Tschudin (Switzerland)
10:50 - 11:10  S01.2 - Contraception and reproductive health care in immigrants - do they get a different treatment?
Amos Ber (Israel)

Abbreviations
KS: Keynote Session
S: Congress Session
JSS: Joint Society Session
SS: Sponsored Symposium
WS: Workshop
D: Debate
11:10 - 11:30  S01.3- The challenges of family planning provision in a day clinic of a general hospital in the era of the economic crisis
Perikles Panagopoulos (Greece)

11:30 - 11:50  S01.4- Promoting sexual and reproductive health in the UK
Kaye Wellings (UK)

Auditorium II  S02 - Green Contraception
Chairs: R. Sitruk-Ware (USA) - Ph. Bouchard (France)

10:30 - 10:55  S02.1- Green contraception: developing a green score for contraceptive products
Diana Blithe (USA)

10:55 - 11:20  S02.2- Multipurpose prevention technologies (MPTs) for sexual and reproductive health: one product to meet multiple needs
Judy Manning (USA)

11:20 - 11:45  S02.3- DMAU for Male contraception, a new option for greener contraception?
Christina Wang (USA)

Auditorium III/IV  S03 - Steroids - pharmacology
Chairs: T. Rabe (Germany) - X. Ruan (China)

10:30 - 10:50  S03.1- Pharmacological view to reduce possible risks of hormonal contraception: administration modus – VTE risk
Alfred O. Mueck (Germany)

10:50 - 11:10  S03.2- Type, dose of hormones: metabolic risks
Kai Bühling (Germany)

11:10 - 11:30  S03.3- Type, dose of hormones: breast cancer risk
Xiangyan Ruan (China)

11:30 - 11:50  S03.4- Hormonal contraception and bone metabolism
Constantino di Carlo (Italy)

Room 5B/C  JSS01 - ESC-ESSM joint session
Why do so many young women so often have sex that hurts?
Chairs: C. Reisman (the Netherlands) - R. van Lunsen (the Netherlands)
10:30 - 10:55  JSS01.1- Prioritizing the partner’s enjoyment: studies on young Swedish women with experience of pain during vaginal intercourse  
Eva Elmerstig (Sweden)

10:55 - 11:20  JSS01.2- Sexual encounters; women’s wishes and expectations (what do women want?)  
Andrea Burri (Switzerland)

11:20 - 11:45  JSS01.3- The Amsterdam multifacettal approach of sexual pain disorders aiming at restoring sexual pleasure  
Rik van Lunsen, Charlotte Gaasterland & Ellen Laan (the Netherlands)

Room 5A  
JSS02 - ESC - SFC joint session - in French  
Chairs: M. Bouzekrini (Algeria), H. Chelli (Tunisia), M. Yacoubi (Morocco), B. Thieba-Bonane (Burkina Faso), R.X. Perrin (Benin), D. Serfaty (France)

10:30 - 10:55  JSS02.1- Intérêt des méthodes de contraception de semi-longue durée  
David Serfaty (France)

10:55 - 11:20  JSS02.2- Espacement des naissances: son impact sur la santé maternelle et infantile  
Jean-Jacques Amy (Belgium)

11:20 - 11:45  JSS02.3- Initiation de la contraception hormonale conjointement par les infirmières et les pharmaciens sans prescription médicale - l’expérience québécoise  
Edith Guilbert (Canada)

12:00 - 13:45 Lunch & parallel sessions

Auditorium I  SS01 - Sponsored Symposium Bayer

Room 5B/C max. 100 partic.  
WS01 - Facts and myths on contraception (with interactive voting)  
Moderators: M. Kishen (UK), S. Randall (UK), J. Bitzer (Switzerland)
Myths and facts about: hormonal contraception, IUDs, emergency contraception, barrier methods, natural family planning
**Thursday, 29 May 2014**

| Room 1.06 | WS02 - ESC granted projects  
| Chairs: G. Bartfai (Hungary) - D. Apter (Finland)  
| 12:15 - 12:30 | WS02.1 - Contraceptive practice and use of women requesting the surgical termination of pregnancy in Latvia  
Ilze Viberga (Latvia)  
12:30 - 12:45 | WS02.2 - Emergency contraception: a guideline for service provision in Europe  
Anne Webb (UK)  
12:45 - 13:00 | WS02.3 - Attitudes to Long Acting Reversible Contraception  
Caitriona Henchion (Ireland) - t.b.c.  
13:00 - 13:15 | WS02.4 - Routine follow-up versus self-assessment of complete abortion following medical abortion, effect on its success and acceptability: a randomized controlled trial  
Kristina Gemzell Danielsson (Sweden)  
13:15 - 13:30 | WS02.5 - The sexual and reproductive health research in Latvia  
Iveta Kelle (Latvia) |

| Room 1.08 | WS03 - Hands-on training IUD and implants  
max. 40 partic.  
Moderators: R. Beerthuizen (the Netherlands) - J. Neves (Portugal)  
| Room 5A | WS04 - How to write a paper  
max. 60 partic.  
Moderators: J.-J. Amy (Belgium) - M. Berer (UK) |

| 13:45 - 15:15 | Parallel sessions  
| Auditorium I | S04 - Contraceptive practice  
Chairs: S. Cameron (UK) - H. Kopp Kallner (Sweden)  
13:45 - 14:10 | S04.1 - OC OTC  
Ali Kubba (UK)  
14:10 - 14:35 | S04.2 - Compliance with contraception  
Jan Brynhildsen (Sweden)  
14:35 - 15:00 | S04.3 - What do women and men want and do? Results from a survey in Austria and Sweden  
Christian Fiala (Austria) |
Thursday, 29 May 2014

**Auditorium II**  
**S05 - Sexual health STI prevention**  
Session organised by the ESC Expert Group on STI  
*Chairs: M. Merckx (Belgium) - G. Donders (Belgium)*  
13:45 - 14:05 S05.1- Vulvo-Vestibulitis higher risk for women with hormonal contraception?  
*Peter Greenhouse (UK)*  
14:05 - 14:25 S05.2- Women with abortion higher risk for STI?  
*Brigitte Frey-Tirri (Switzerland)*  
14:25 - 14:45 S05.3- Recurrent vulvo-vaginal candida infection  
*Paddy Horner (UK)*  
14:45 - 15:05 S05.4 - Surveillance of STI  
*Babill Stray Pedersen (Norway)*

**Auditorium III/IV**  
**JSS03 - ESC - ECEC joint session**  
Emergency Contraception: remaining barriers and how to overcome them  
*Chairs: M. Lech (Poland) - C. Puig (ECEC)*  
13:45 - 14:10 JSS03.1- Is access to EC equitable for all European women?  
*Caroline Moreau (France)*  
14:10 - 14:35 JSS03.2- UPA and LNG: differences and advantages  
*Sharon Cameron (UK)*  
14:35 - 15:00 JSS03.3- EC bridging to effective contraception  
*Anna Glasier (UK)*

**Room 5B/C**  
**S06 - Gynaecological oncology**  
*Chairs: I. Lete Lasa (Spain) - A. Mueck (Germany) - E. Arisi (Italy)*  
13:45 - 14:10 S06.1- Hormonal contraception, HPV and cancer  
*Xavier Castellsagué (Spain)*  
14:10 - 14:35 S06.2- Ovarian cryopreservation in women with cancer  
*Laura Almeida (Spain)*  
14:35 - 15:00 S06.3- Primary prevention of HPV in adolescence  
*Nicolaos Salakos (Greece)*

**Room 5A**  
**JSS04 - ESC - EBCOG joint session**

15:15 - 15:45 Break & Poster Viewing
Thursday, 29 May 2014

15:45 - 17:15 Parallel sessions

Auditorium I SS02 - Sponsored Symposium Bayer

Auditorium II S07 - Workshop: talking about sexuality in your office
Session organised by the ESC Expert Group on Sexual Medicine and Sex Education
Chair: Olga Loeber (the Netherlands)

15:45 - 16:15 S07.1 - Sexuality and sexual counselling
Olaf Kapella (Austria) and Christine Winkelmann (Germany)

16:15 - 17:15 S07.2 - Practising counselling skills
L. Erofeeva (Russia) - O. Kapella (Austria) - O. Loeber (the Netherlands) - S. Reuter (UK) - U. Sauer (UK) - S. van der Doef (the Netherlands) - C. Winkelmann (Germany)

Auditorium III/IV S08 - Fertility awareness
Session organised by the ESC Expert Group on Non-hormonal methods of Contraception
Chairs: R. Beerthuizen (the Netherlands) - G. Freundl (Germany)

15:45 - 16:10 S08.1 - Sexually transmitted infections and spermicides
Joao Ramalho Santos (Portugal)

16:10 - 16:35 S08.2 - New results (2014) on efficacy of Sensiplan
Ursula Sottong (Germany)

16:35 - 17:00 S08.3 - Review on studies concerning use of new technologies (NT) in NFP
Christian Gnoth (Germany)

Room 5B/C WHO symposium
Long term follow-up of Etonogestrel and Levonorgestrel contraceptive implants: comparing effectiveness, continuation rates and adverse effects
Chair: Mario Festin (WHO)

15:45 - 16:10 WHO.1 - Background and study methodology
Vivian Brache (Profamilia, Dominican Republic)

16:10 - 16:35 WHO.2 - Baseline and three year follow up analysis
Luis Bahamondes (Brazil)
16:35 - 17:00  WHO.3- Five year follow up analysis  
   Moazzam Ali (WHO)
Room 5A  FC01 - Free Communication Session 1

17:15 - 18:15  ESC General Assembly (members only)
Auditorium II
Friday, 30 May 2014

08:30 - 09:00  KL02 - Keynote lecture 2
Auditorium I  Chairs: T. Bombas (Portugal) - M. Short (Ireland) - P. Patroclou (Cyprus)
Demography of the unmet need for contraception?
Gilda Sedgh (USA)

09:00 - 10:00  KS02 - Sexual rights, looking at Europe and beyond
Auditorium I  Chairs: K. Gemzell-Danielsson (Sweden) - C. Fiala (Austria) - B. Zilaitiene (Lithuania)
09:00 - 09:30  KS02.1 - Sexual and reproductive health and rights: 20 years post Cairo
Marleen Temmerman (WHO)
09:30 - 10:00  KS02.2 - Sexual and reproductive rights: how human rights and medical ethics overlap
Johanna Westeson (Centre for Reproductive Rights)

10:00 - 10:30  Break & Poster Viewing

10:30 - 12:00  Parallel sessions

Auditorium I  S09 - Abortion
Chairs: A. Verougstraete (Belgium) - V. Prilepskaya (Russia) - E. Vasco (Portugal)
10:30 - 10:55  S09.1 - An update on medical abortion care
Kristina Gemzell-Danielsson (Sweden)
10:55 - 11:20  S09.2 - Abortion in Poland: before and after 7 January 1993
Joanna Dec-Pietrowska (IPPF - Poland)
11:20 - 11:45  S09.3 - Abortion in Europe: the migrants’ share in the abortion rates
Lisa Ferreira Vicente (Portugal)

Auditorium II  S10 - Long Acting Reversible Contraception (LARC)
Chairs: M. Kishen (UK) - A. Rosa Costa (Portugal) - E. Cengic (Bosnia and Herzegovina)
Rob Beerthuizen (the Netherlands)
10:55 - 11:20  S10.2- Management of bleeding problems related to the use of hormonal implants and hormone-releasing intra-uterine systems
Frans Roumen (the Netherlands)

11:20 - 11:45  S10.3- The challenge to perfect intrauterine contraception to maximize continuation of use
Dirk Wildemeersch (Belgium)

Auditorium III/IV  JSS05 - ESC - Confederación Iberoamericana de Contracepción joint session
Same religion different realities in sexual and reproductive health
Chairs: M. do Ceu Almeida (Portugal) - I. Ramirez Polo (Spain)
10:30 - 10:55  JSS05.1- Fertility regulation in the last 50 years in Chile: church, state and medicine
Patricio Barriga Pooley (SOCHEG, Chile)
10:55 - 11:20  JSS05.2- Facing the challenge of adolescent pregnancy
Silvia Bonsergent (AMADA, Argentina)
11:20 - 11:45  JSS05.3- Abortion after adolescent sexual violence: different laws and chances
Carme Coll (Spain)

Room 5B/C  S11 - Obstetrics and contraception: improving maternal health care
Chairs: J. Bitzer (Switzerland) - T. Sousa Fernandes (Portugal)
10:30 - 10:55  S11.1- Maternal mortality: historical trends and contraception
Paulo Moura (Portugal)
10:55 - 11:20  S11.2- The importance of prenatal counselling in high risk women
Chiara Benedetto (Italy)
11:20 - 11:45  S11.3 - Choices in post partum contraception
Anna Glasier (UK)

Room 5A  FC02 - Free Communication Session 2
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12:00 - 13:45  Lunch & parallel sessions
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<thead>
<tr>
<th>Room</th>
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<tr>
<td>Auditorium I</td>
<td>SS03 - Sponsored Symposium</td>
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<tr>
<td>Room 5A</td>
<td>WS05 - How to deal with adverse effects of hormonal contraception</td>
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<td>Moderators: K. Sedlecky (Serbia), M. Lech (Poland), G. Bartfai (Hungary)</td>
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<tr>
<td></td>
<td>How to deal with: irregular bleeding, mood swings, depressive symptoms, impairment of sexual function, weight gain, acne, hirsutism, bloating, headache, lower abdominal pain, premenstrual symptoms</td>
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<tr>
<td>Room 5B/C</td>
<td>WS06 - Medical abortion</td>
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<td>Workshop organised by the Expert Group on Abortion</td>
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<td>Chairs: E. Aubény (France) - A. Stolfa Gruntar (Slovenia)</td>
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<td>12:15 - 12:35 WS06.1- Update on the use of mifepristone and misoprostol for 1º trimester abortion</td>
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<td>Eduardo Lopez Arregui (Spain)</td>
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<td>12:35 - 12:55 WS06.2- How to deal with secondary effects of medical abortion: pain, blood loss</td>
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<td>Teresa Bombas (Portugal)</td>
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<td>12:55 - 13:15 WS06.3- Discussing the best way of follow-up</td>
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<td>Christian Fiala (Austria)</td>
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<td>13:15 - 13:35 WS06.4- Contraception after abortion: quick start</td>
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<td>Sam Rowlands (UK)</td>
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<td>Room 1.08</td>
<td>WS07 - History of contraception</td>
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<td>Chairs: J.-J. Amy (Belgium) - M. Oliveira da Silva (Portugal)</td>
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<td>12:15 - 12:40 WS07.1- A brief history of intrauterine contraception</td>
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<td>Rob Beerthuizen (the Netherlands)</td>
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<td>12:40 - 13:05 WS07.2- Marie Carmichael Stopes – a pioneer whose name lives on</td>
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<td>Anne Webb (UK)</td>
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<td>Jean-Jacques Amy (Belgium)</td>
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<tr>
<td>Auditorium III/IV</td>
<td>WS08 - Headlines and news in hormonal contraception</td>
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<td></td>
<td>Chairs: G. Merki (Switzerland) - F. Palma (Portugal)</td>
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</table>
12:15 - 12:40 WS08.1- Hormonal Contraception after bariatric surgery
Ilze Viberga (Latvia)

12:40 - 13:05 WS08.2- Jaydess: a new three–year hormone-releasing IUD: impact of a very low hormone dosage on bleeding pattern and side effects
Diana Mansour (UK)

13:05 - 13:30 WS08.3- Combined pills and venous thromboembolism: what are first choice preparations
Ian Milsom (Sweden)

13:45 - 15:15 Parallel sessions

Auditorium I SS04 - Sponsored Symposium

Auditorium II S12 - Adolescents with special needs
Chairs: D. Apter (Finland) - K. Haldre (Estonia) - E. Deligeoroglou (Greece)

13:45 - 14:10 S12.1- Contraception for children with complex medical needs
Paul Wood (UK)

14:10 - 14:35 S12.2- Eating disorders and contraception
Kai Haldre (Estonia)

14:35 - 15:00 S12.3- Contraception for adolescents with STI risk (including HIV)
Oskari Heikinheimo (Finland)

Auditorium III/IV S13 - Sexuality education across Europe
Chairs: D. Apter (Finland) - C. Winkelmann (Germany) - K. Wylie (WAS)

13:45 - 14:10 S13.1- Evaluation of sexuality education - a critical reflection
Evert Ketting (the Netherlands)

14:10 - 14:35 S13.2- Sexuality education in Portugal: students, teachers and principals perspectives
Lucia Ramiro (Portugal)

14:35 - 15:00 S13.3 - Standards for sexuality education in Europe and subsequent implementation
Christine Winkelmann (Germany) - Dan Apter (Finland)
Room 5B/C  
**S14 - Evidence based practice: fact or fiction?**  
Joint Session ESC and FSRH  
*Chairs: M. Kishen (UK) - C. Wilkinson (UK)*  
*13:45 - 14:10 S14.1- Evidence based practice: fact or fiction?  
David Grimes (USA)*  
*14:10 - 14:35 S14.2- Searching for the evidence: a never ending journey  
Metin Gülmezoglu (WHO)*  
*14:35 - 15:00 S14.3- Strategies for effective communication of evidence to our patients  
Sharon Cameron (UK)*

Room 5A  
**FC03 - Free Communication Session 3**

*15:15 - 15:45 Break & Poster Viewing*

*15:45 - 17:15 Parallel sessions*

**Auditorium I**  
**S15 - Sexual assault - Standards of care**  
*Chairs: A. Webb (UK) - F. Zimmerman (Malta) - H. Missey Kolb (France)*

*15:45 - 16:10 S15.1- Comparing sexual assault interventions in Europe, benchmarking tool  
Karen Hughes (UK)*

*16:10 - 16:35 S15.2 - WHO priority to address sexual violence  
Sethi Dinesh (WHO)*

*16:35 - 17:00 S15.3 - Liverpool model: safe place sexual assault referral centre  
Shelley Stoops (UK)*

**Auditorium II**  
**S16 - Conscientious objection in abortion care: permissible or unacceptable?**  
Session organised by the ESC Expert Group on Abortion  
*Chairs: M. Temmerman (WHO)*

*15:45 - 16:07 S16.1- A global view of conscientious objection in abortion care provision  
Sam Rowlands (UK)*
16:07 - 16:29  S16.2- Conscientious objection is an unethical refusal to treat
Christian Fiala (Austria) - Joyce Arthur (Canada)

16:29 - 16:51  S16.3- Conscientious objection is a human right in ethically laden issues
Roberto Lertxundi (Spain)

Auditorium III/IV  S17 - HPV-infection and vaccination- challenge for sexual and reproductive health?
Chairs: P. Greenhouse (UK) - B. Frey Tirri (Switzerland) - P. Weiss (Czech Republic)

15:45 - 16:10  S17.1- Surveillance of HPV-Infection?
Mireille Merckx (Belgium)

16:10 - 16:35  S17.2- Prior HPV vaccination prevents recurrence of cervical dysplasia after conization
Jorma Paavonen (Finland)

16:35 - 17:00  S17.3- HPV infection with low risk HPV
Gilbert Donders (Belgium) - t.b.c.

Room 5B/C  S18 - Endocrinology/PCO
Chairs: S.O. Skouby (Denmark) - V. Vanagiene (Lithuania) - D. Baumane-Auza (Latvia)

15:45 - 16:10  S18.1- Endometriosis and migraine: an overlooked comorbidity
Gabriele Merki (Switzerland)

16:10 - 16:35  S18.2- PCOS and thyroid dysfunction
Simona de Cicco (Italy)

16:35 - 17:00  S18.3- PCOS and thrombogenicity
Sven O. Skouby (Denmark)

Room 5A  FC04 - Free Communication Session 4
Young Scientist Session

17:15 - 18:15  Parallel sessions

Auditorium I  S19 - Medical conditions
Chairs: G. Merki (Switzerland) - L. Erofeeva (Russia) - H. Karro (Estonia)
17:15 - 17:30  S19.1- Contraception in women with heart disease  
Matthias Greutmann (Switzerland)
17:30 - 17:45  S19.2- Is hormonal contraception safe in obese women – what preparations should we choose?  
Jeffrey Jensen (USA)
17:45 - 18:00  S19.3- Contraception in women with migraine  
Gabriele Merki (Switzerland)

Auditorium II  S20 - Permanent contraception  
Chairs: D. Michielsen (Belgium) - R. Beerthuizen (the Netherlands)
17:15 - 17:30  S20.1- Research in male contraceptive methods: reversible techniques  
Michael Zitzmann (Germany)
17:30 - 17:45  S20.2- Female contraception: shift from laparoscopic to hysteroscopic procedures - efficacy of Essure  
Andreas Thurkow (the Netherlands)
17:45 - 18:00  S20.3- Regret after permanent sterilisation: prefer LARCS?  
Rob Beerthuizen (the Netherlands)

Auditorium III/IV  D01 - Pharma and education  
Chairs: James Trussell (UK) - Philippe Bouchard (France)  
Industry-sponsored research: how to eliminate bias?  
U.H. Winkler (Germany) vs. Frans Roumen (the Netherlands)

Room 5B/C  Non medics information sharing session  
Chair: Shelley Mehigan (UK)

Room 5A  Best Poster Session

Auditorium VI/VIISS05 - Sponsored Symposium Bayer
Saturday, 31 May 2014

08:30 - 09:00  KL03 - Keynote lecture 3
Auditorium II  Chairs: J. Fontcuberta (Spain) - D. Tassies (Spain) - S. Weyers (Belgium)
Thrombosis
Amparo Santamaria Ortiz (Spain)

09:00 - 10:00  KS03 - Epidemiology: results and clinical practice
Auditorium II  Chairs: M. Oliveira da Silva (Portugal) - P. Hannaford (UK) - I. Sivin (USA)
09:00 - 09:30  KS03.1 - Birth cohorts: looking into the future
Henrique de Barros (Portugal)
09:30 - 10:00  KS03.2 - Hormonal contraception and breast cancer:
state of the art
Björn Lisboa (Germany)

10:00 - 10:30  Break & Poster Viewing

10:30 - 12:00  S21 - Benefits of contraception & future of contraception
(incl. male)
Auditorium II  Session organised by the ESC Expert Group on Future of
Hormonal and Molecular Contraception
Chairs: D. Serfaty (France) - I. Lete Lasa (Spain)
10:30 - 11:00  S21.1 - Benefits of contraception
Inaki Lete Lasa (Spain)
11:00 - 11:15  S21.2 - Green contraception: green contraceptive
products on the horizon
Diana Blithe (USA)
11:15 - 11:30  S21.3 - Is there a future for male contraception?
Regine Sitruk Ware (USA)
11:30 - 11:45  S21.4 - Potential future indications for progestin-only
contraceptives
Gabriele Merki (Switzerland)

12:00 - 13:00  Closing session
Auditorium II
Hotel Accommodation

Mundiconvenius
Avenida 5 de Outubro, 53-2 | 1050 - 048 Lisbon | Portugal
P.: +351 21 315 51 35 | F.: +351 21 355 80 02 |
E-mail: esc2014@mundiconvenius.pt
Website: www.esc2014-localpco.com

For hotel, tours, social events and other local arrangements you may contact: Mundiconvenius. Mundiconvenius has made special price arrangements during the ESC congress with hotels in Lisbon. We strongly advise you to book your hotel as soon as possible to guarantee a room in a hotel of your preference: www.esc2014-localpco.com

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**Real Palácio Hotel**
The luxurious five star Real Palácio Hotel is set close to Edward VII Park, in a quiet quarter at the very heart of Lisbon City. Combining comfort, charm and sophistication with the opulence of a 5-star hotel. Originally a seventeenth century palace, this distinguished building has kept its original layout.

**Vila Galé Opera Hotel**
At the Vila Galé Ópera Hotel, you can feel the music in the air. This hotel basically stands right by the Tagus River. Its proximity to the major tourism attractions of Lisbon makes it even more commendable. This hotel in Lisbon adjoins Lisbon’s Congress Centre and the lively nightlife of Lisbon’s Donas area. With time to rest in mind, this hotel offers a number of treatments, massages, and a heated indoor pool.
Marquês de Pombal Hotel
The Marquês De Pombal hotel in Lisbon is located in the most prestigious quarter of central Lisbon, Avenida da Liberdade, this first class hotel boasts of its distinguished and contemporary atmosphere and decoration, while offering a perfect blend of excellent accommodation and service, together with the traditional Portuguese hospitality.

SANA Capitol
SANA Capitol Hotel is a hotel, built in 2008, located in the centre of Lisbon. With an irreverent and urban design. SANA Capitol Hotel offers a unique atmosphere, allied to extreme comfort and peace. Near Marquês de Pombal, an area with excellent accessibility whether by car, or public transport, and a few minutes’ walk both from the historic centre and business areas.

American Diamonds
The America Diamonds Hotel in Lisbon is located in the heart of the city, next to Marquês de Pombal and Eduardo VII Park. It offers comfortable accommodation in a historical building beautifully restored in the heart of Lisbon contrasting with its modern interior. The America Diamonds Hotel is just a few meters away from the underground station Picoas and other transport networks, which allow an easy access to the center and downtown Lisbon.
Registration
www.escrh.eu/events/esc-events/2014/registration

Online registration
Participants are encouraged to register through the online system, available at www.escrh.eu (events section).

Group registrations
If you want to register more than 5 participants, please download and complete the group registration file (www.escrh.eu/events/esc-events/2014/registration) and return it to congress@escrh.eu

On-site registrations
While it will be possible to register on site, we do suggest that participants take advantage of the lower fee (early-registration) and of the convenience of registering in advance.

Registration fees
All amounts are payable in euro.

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<th>Before 15 April ‘14</th>
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<td>Congress Dinner / person</td>
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* Provide an official letter to confirm your status
Payment
• by credit card (Mastercard – VISA)
• by bank transfer in EURO (with no costs for the beneficiary)
Account name:
European Society of Contraception and Reproductive Health
Bank name: ING Belgium
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International Bank Account number (IBAN): BE45 3101 2639 1389
Bank address: Marktplein 26, B-1740 Ternat, Belgium
Put in reference: 13th Congress + your name

Registration package
The registration package for the participants includes:
• admission to the scientific sessions and the exhibition area
• access to the opening ceremony
• abstract book
• lunch (Thursday and Friday)
• final programme
• certificate of attendance
• coffee and tea during breaks
• welcome cocktail

Cancellation policy
All refunds will incur a 20% handling fee. No refunds will be made after 1 March, 2014. However, another delegate can be nominated as a replacement. Cancellation must be in writing (by letter, fax, or e-mail) to the Congress Secretariat. The date of postmark will be used when considering a refund. All refunds will be made after the Congress. Participants should state the bank details to which refunds should be made.

Confirmation
Upon receipt of the registration form(s) with the appropriate fees, confirmation will be sent together with a receipt of payment. Once registered, registrations cannot be changed to another fee category.
REGISTRATION FORM - 13th ESC Congress
Lisbon • Portugal • 28 – 31 May 2014

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Personal details
Family/Last Name: .....................................................................................................................................
First name: ..................................................................................................................................................
Title: □ Prof.Dr. □ Dr. □ Ms. □ Mr.
Institute: ......................................................................................................................................................
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Mobile: ..........................................................................................................................................................
E-mail: ...........................................................................................................................................................

Registration part - All payments are payable in EURO

<table>
<thead>
<tr>
<th></th>
<th>Before 15 February</th>
<th>Before 15 April</th>
<th>After 15 April or on-site</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESC members</td>
<td>500</td>
<td>600</td>
<td>700</td>
</tr>
<tr>
<td>Non-members</td>
<td>600</td>
<td>700</td>
<td>800</td>
</tr>
</tbody>
</table>

Nurses, midwives, social workers, counsellors (non-MD), medical students (*)
* Provide an official letter to confirm your status

<table>
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<tr>
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<th>Before 15 February</th>
<th>Before 15 April</th>
<th>After 15 April or on-site</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESC members</td>
<td>180</td>
<td>280</td>
<td>440</td>
</tr>
<tr>
<td>Non-members</td>
<td>280</td>
<td>380</td>
<td>540</td>
</tr>
</tbody>
</table>

Portuguese participants

<table>
<thead>
<tr>
<th></th>
<th>Before 15 February</th>
<th>Before 15 April</th>
<th>After 15 April or on-site</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portuguese participants</td>
<td>325</td>
<td>425</td>
<td>585</td>
</tr>
</tbody>
</table>

Congress Dinner/Person

Number of dinners: ................................................

I want to attend a pre-congress workshop, please send me an application form
□ Let’s talk about sex (50 Euro)  □ Psychosomatic Gynecology and Contraception (Free)

Total amount due in EURO: ..............................................................

□ I would like to receive an official invitation letter by e-mail
Payment details

☐ Mastercard / ☐ VISA
Card N°: ..............................................................................................................................................................
Exp. date: ............... /.......................
CVC: .................................................................................................................................................................
CVC : last 3 digits of number on the back of the credit card
Name of Cardholder: ...........................................................................................................................................
Signature: ............................................................................................................................................................

☐ I have made a bank transfer in EURO (with no costs for the beneficiary)
Account name: European Society of Contraception and Reproductive Health
Bank name: ING Belgium
SWIFT code: BBRU BEBB
International Bank Account Number (IBAN) BE45 3101 2639 1389
Bank address: ING bank, Marktplein 26, B-1740 Ternat, Belgium
Put in the reference: Your name + 13th ESC Conference

Please complete your invoice details here (if different from registration details):
Family/Last Name: .............................................................................................................................................
First name: ..........................................................................................................................................................
Title: ☐ Prof.Dr. ☐ Dr. ☐ Ms. ☐ Mr.
Institute: .............................................................................................................................................................
Department: ......................................................................................................................................................
Street and Number: .......................................................................................................................................... 
Zip code and City: ............................................................................................................................................
Country: .............................................................................................................................................................
VAT N°: .............................................................................................................................................................

Cancellation policy
All refunds will incur a 20% handling fee. No refunds will be made after 1 March, 2014. However, another delegate can be nominated as a replacement, up to two weeks before the congress. Cancellation must be in writing (by letter, fax, or e-mail) to the Congress Secretariat. The date of postmark / e-mail will be used when considering a refund. All refunds will be made after the Congress. Participants should state the bank details to which refunds should be made.

Signature: ..............................................Date: ..........................................................................................

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SAVE THE DATE AND COME TO LISBON!
WWW.ESCRH.EU/EVENTS/ESC-EVENTS/2014